

The first transmission will be a Mega Healing and Enlightenment Session to help each of us to weigh the most perfect weight – the weight that promotes our optimal health and well being on all levels.

The second transmission will be a Mega Healing and Enlightenment Session to deactivate, let go of and disconnect us from any and all morphogenic fields we have bought or corded into that energetically support and anchor us into either weighing too much or weighing too little.

The third transmission will be a Mega Healing and Enlightenment Session to activate, align and connect us energetically to all of the morphogenic fields that energetically support, reinforce, anchor and enhance our ability, capability and capacity to weigh our most perfect possible weight – the weight that promotes our optimal physical, emotional, mental and spiritual health and well being on all levels.

The fourth transmission will be a Mega Healing and Enlightenment Session to align our metabolism and metabolic rate to energetically support, reinforce, anchor and enhance our ability, capability and capacity to weigh our most perfect possible weight – the weight that promotes our optimal physical, emotional, mental and spiritual health and well being on all levels.

The fifth transmission will be a Mega Healing and Enlightenment Session to align our weight set points to energetically support, reinforce, anchor and enhance our ability, capability and capacity to weigh our most perfect possible weight – the weight that promotes our optimal physical, emotional, mental and spiritual health and well being on all levels.

The sixth transmission will be a Mega Healing and Enlightenment Session to align our past lives, parallel lives, genetic, epi-genetic, mental and emotional programming to energetically support, reinforce, anchor and enhance our ability, capability and capacity to weigh our most perfect possible weight – the weight that promotes our optimal physical, emotional, mental and spiritual health and well being on all levels.

The seventh transmission will be a Mega Healing and Enlightenment Session to align our personality self and selves to energetically support, reinforce, anchor and enhance our ability, capability and capacity to weigh our most perfect possible weight – the weight that promotes our optimal physical, emotional, mental and spiritual health and well being on all levels.

The eighth transmission will be a Mega Healing and Enlightenment Session to clear, transmute, heal, release and dissolve all addictions to food, allergies to food, cravings for food, compulsive eating and eating disorders with ease and grace.

The ninth transmission will be a Mega Healing and Enlightenment Session to clear, transmute, heal, release and dissolve emotional armoring and using weight to protect us energetically from others.

The tenth transmission will be a Mega Healing and Enlightenment Session to help each of us to clear, transmute, heal, release and dissolve any self sabotage, procrastination or self destructive patterns, thoughts, emotions, programming and behaviors that block or prevent us from weighing our most perfect possible weight - the weight that promotes our optimal physical, emotional, mental and spiritual health and well being on all levels.

The eleventh transmission is a Mega Healing and Enlightenment Session for the optimal health and well being of our digestive system and all related organs to fully digest all the food we eat

The twelfth transmission is a Mega Healing and Enlightenment Session for the optimal health and well being of our elimination system and all related organs to fully eliminate all the foods that we eat

The thirteenth transmission is a Mega Healing and Enlightenment Session for clearing, transmuting, healing and releasing low levels of self esteem, self respect and self worth.

The fourteenth transmission is a Mega Healing and Enlightenment session to help each of us to tap into and access the body wisdom as to what to eat, when to eat and how much to eat

The fifteenth transmission is a Mega Healing and Enlightenment Session for clearing, transmuting, healing, releasing and dissolving all of the genetic, emotional and mental patterns and programming around not loving and honoring our self and our body.

The sixteenth transmission is a is a Mega Healing and Enlightenment session to help each of us to clear, transmute, heal, release and dissolve comfort food binging and using food to self-medicate or to fulfill unmet emotional needs.

The seventeenth transmission is a is a Mega Healing and Enlightenment session to help each of us to feel energetic, fit, trim, looking good and feeling great!