

## Angelic Spa/Nature Healing Treatment

I am setting the intent that everything in this guided meditation is aligned with highest good of all and supports the spiritual evolution of each being with ease and grace. I am setting the intent that all energies exchanged between you and me will be love and only love and that nothing from our mental bodies or personality self/selves or ego or shadow side will enter into this recording or impact the transmission of the healing and enlightenment energies encoded on this recording.

Legal Stuff - Please note that this guided meditation and energy healing session is not intended to be medical or psychiatric treatment and/or a replacement for such treatment. All healing that occurs in any session comes from your soul and Spirit. I merely facilitate this process and set a space for the healing to occur. Also I ask that you not listen to this guided recording while you are driving or doing something that requires an active mental state of consciousness.

1. Energetic Attributes, Medicine and Gifts from the Elements of Air, Earth, Water, Fire, Metal and Ether/Spirit
2. Energetic Attributes, Medicine and Gifts from Amber
3. Energetic Attributes, Medicine and Gifts from Amethyst, Rose Quartz and All Quartz Crystals
4. Energetic Attributes, Medicine and Gifts from Angles and Vectors
5. Energetic Attributes, Medicine and Gifts from the Animal Kingdom of Consciousness Including Shamanic Power Animal Medicine from Ants, Badgers, Bees, Bears, Beavers, Buffalos, Butterflies, Cats, Condors, Coyotes, Crows, Deer, Dolphins, Dragonflies, Dragons, Eagles, Elk, Fish, Foxes, Frogs, Hawks, Horses, Hummingbirds, Lions, Lizards, Lynxes, Mice, Moles, Moose, Otters, Owls, Panthers, Pumas/Jaguars, Rabbits, Ravens, Snakes, Spiders, Squirrels, Stags, Stingrays, Swans, Turtles, Whales and Wolves That is Aligned with the Highest Good
6. Energetic Attributes, Medicine and Gifts from Apples, Bananas, Blueberries, Cherries, Cranberries, Grapes, Oranges, Peaches, Pears, Raspberries, Strawberries and all Fruits
7. Energetic Attributes, Medicine and Gifts from Aspens, Ash, Pine, Oak, Maple, Birch and all Trees
8. Energetic Attributes, Medicine and Gifts from Blizzards, Ice, Snow and Glaciers
9. Energetic Attributes, Medicine and Gifts from Chocolate
10. Energetic Attributes, Medicine and Gifts from Circles and Spheres
11. Energetic Attributes, Medicine and Gifts from Copper, Aluminum, Tin, Brass, Bronze, Silver, Gold, Platinum, Titanium and Uranium
12. Energetic Attributes, Medicine and Gifts from Coral Reefs
13. Energetic Attributes, Medicine and Gifts from Corn, Barley, Rice, Alfalfa, Wheat and All Grains and Grasses
14. Energetic Attributes, Medicine and Gifts from Crystals, Crystalline Structures and the Crystal Kingdom of Consciousness
15. Energetic Attributes, Medicine and Gifts from the Devas of the Nature Kingdoms of Consciousness
16. Energetic Attributes, Medicine and Gifts from Diamonds, Rubies, Emeralds, Opals, Sapphires and all Jewels and Precious Stones

17. Energetic Attributes, Medicine and Gifts from Dogs, Cats, Cows, Horses and Domesticated Animals
18. Energetic Attributes, Medicine and Gifts from Dolphins, Whales and Sea Turtles
19. Energetic Attributes, Medicine and Gifts from Earthquakes and Volcanoes
20. Energetic Attributes, Medicine and Gifts from East, West, North, South, Up, Down, Left and Right
21. Energetic Attributes, Medicine and Gifts from Hurricanes, Rain and Tsunamis
22. Energetic Attributes, Medicine and Gifts from Jade, Jasper, Garnets, Carnelians, Hematite, Sugilite, Tourmaline, Turquoise Agates, Malachite, Lapis Lazuli, Obsidian and all Semi Precious Stones
23. Energetic Attributes, Medicine and Gifts from Lakes, Rivers, Streams, Creeks, Ponds, Aquifers and Bodies of Freshwater
24. Energetic Attributes, Medicine and Gifts from Lavender, Mint, Ginger, Sage, Rosemary and Thyme and all Herbs
25. Energetic Attributes, Medicine and Gifts from the Mineral Kingdom of Consciousness
26. Energetic Attributes, Medicine and Gifts from Moons and Lunar Influences
27. Energetic Attributes, Medicine and Gifts from Music Major Scale C, D, E, F, G, A and B
28. Energetic Attributes, Medicine and Gifts from the Natural Laws Governing Time, Gravity and Centrifugal Force
29. Energetic Attributes, Medicine and Gifts from Oceans, Seas, Bays and Bodies of Salt Water
30. Energetic Attributes, Medicine and Gifts from Roses, Orchids, Periwinkles, Sunflowers, Daisies, Dandelions and all Flowers
31. Energetic Attributes, Medicine and Gifts from Planets, Stars, Galaxies, Universes
32. Energetic Attributes, Medicine and Gifts from the Plant Kingdom of Consciousness including but not limited to all trees, flowers, herbs, vegetables, grains/grasses and herbs
33. Energetic Attributes, Medicine and Gifts from Potatoes, Tomatoes, Onions, Carrots, Lettuce and all Vegetables
34. Energetic Attributes, Medicine and Gifts from the Platonic Forms and Solids
35. Energetic Attributes, Medicine and Gifts from Rainbows
36. Energetic Attributes, Medicine and Gifts from Rectangles, Cubes, Squares, Triangles, Pentagrams, Hexagons and Octagons
37. Energetic Attributes, Medicine and Gifts from Sacred Geometry
38. Energetic Attributes, Medicine and Gifts from Saffron, Salt, Pepper, Lavender, Mint, Ginger, Sage, Pepper, Cinnamon, Nutmeg, Allspice Rosemary and Thyme and all Spices and Herbs
39. Energetic Attributes, Medicine and Gifts from Spirals
40. Energetic Attributes, Medicine and Gifts from Stars, Suns and Solar Influences
41. Energetic Attributes, Medicine and Gifts from Vitamins including but not limited to Vitamins A, B, B1, B2, B3, B5, B6, B9, B12, C, D, E, H and K
42. Energetic Attributes, Medicine and Gifts from Waterfalls
43. Conclude with energies to assist in integration with ease and grace.