

What YOU Get with the Angelic Heart Star Reiki Healer Training Module

- **Attunement for Level I Angelic Heart Star Reiki (\$180 Value)**
- **Attunement for Level II Master Practitioner for Crystalline Rainbow Reiki (\$500 Value)**
- **Unplugging from the Third Dimension Matrix: Levels 1, 2 & 3 (\$432 Value)**
- **Crystalline Heart DNA Activations: Levels 1, 2 & 3 (\$432 Value)**
- **Get Out of Your Head & Into Your Heart Activations: Levels 1, 2, 3, 4 & 5 (\$235 Value)**
- **Healer Support Package of MP3 Audio Recordings (\$97 Value)**
- **You get ALL of this for just \$600!**

Learn More About the Angelic Heart Star Reiki Healer Training Module!

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Order the Angelic Heart Star Reiki Healer Training Module on Credit Card.

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Save Money by Ordering Four Healer Training Modules at One Time!

Origins of Angelic Heart Star Reiki™

It is really funny to me how I come full circle on things. The very first energy healing training I ever did was to become attuned to Levels 1 and 2 of Usui Reiki. Even though I knew my work would be more remote than hands on, I began out with Reiki largely because everyone I knew who did energy healing work was a Reiki Master.

The night I was attuned for Usui Reiki Level 2, I was reading the manual and I got in a dither because I was afraid if I did the distant healing symbol wrong I would mess up my remote healing work. I meditated to still my mind and when I did so I felt this very loving connection open up with a very loving and honoring group of beings. When I asked who they were, they told me they were the Guardians of the Reiki Energies and they told me not to worry about the symbols, they would work with me if I needed to send Reiki energies to anyone. Several years later in 2004, I did a huge exchange with a very gifted Reiki Master in Canada and he attuned me as a Reiki Master in several traditions - Usui, Karuna, Lightarian, Ascension, Violet Flame, etc. and when that trade was made I sort of got that the Reiki Guardians were behind the deal.

In 2008 Anita, Rama and I are working on an Inner Mastery Tool project to assist folks with Reiki. When I went within to download image ideas for the manual - instead what wanted to come in was this very beautiful iridescent rainbow of crystalline templates. When I asked what this was I had the sense of connecting yet again with the Guardians of Reiki Energies and they told me that I was being entrusted as the steward or guardian of a new, heart paradigm reformulation of Reiki that they called Crystalline Rainbow Reiki™.

In October 2011, I began doing free group healing sessions once a month. The second month that I did this, I felt immersed in this loving pink ball of energy. When I asked what it was, the Angels called it Angelic Heart Star Reiki. It was a very powerful refined energy to help people to open their hearts and to heal them as well. I got later when I meditated about this that emotional healing is extremely important now because what blocks people the most on growing personally and spiritually is emotional abuse, trauma and wounding. People have to clear, transmute, heal, release and dissolve these patterns in order to align with the Heart Paradigm on Gaia.

How Angelic Heart Star Reiki™ Differs from the More Traditional Forms of Reiki

There are three major differences:

1. Does NOT use symbols – Everything is intent based.
2. Based in the Heart more than in the hands.
3. Works for all levels and planes of reality – Physical, etheric, emotional/astral, mental/causal, spiritual and beyond.
4. Works across time, space dimensions to heal things from past, present, parallel and future.

About the First Three Levels of Unplugging from the Third Dimension Matrix of Limitation

"The Unplugging from the Third Dimension Matrix: Levels 1, 2 and 3 is truly amazing! When I was experiencing this activation, I felt a lot of energy movement around my head and forehead, then some pressure. I asked what was happening and just felt to relax - within the space of a few minutes an energetic wound I had about the level of the forehead healed completely! It was easy, quick and really wonderful, very clean energy and very empowering. It feels like that it heals all kinds of things, from repair of various injuries, right up to helping someone unplug from the realm of the ego/victim. I am getting so much benefit, its truly an incredible image and download, I love it!"
(Melinda Knights, Melbourne, Australia)

These series of powerful Unplugging from the 3D Matrix mastery activations are part of the heart-oriented approach to ascension. In order to move firmly into the Heart Paradigm and build a new foundation there, each of us must untangle ourselves from the mental/mind paradigm and unplug from the third dimensional matrix and web of mass/duality consciousness. Each set of these powerful mastery activations help liberate light-workers, healers and starseeds from being tied into the prevailing mass/duality consciousness of humanity so that they can get their world service work out into the world.

I initially downloaded two mastery activations - one for Unplugging from the 3rd Dimensional Matrix and another one for Healing the Mental/Mind Paradigm. When I was meditating about the different levels, I was shown that these two series of activations are like two sides of a coin. A lot of people are held to the mental paradigm or the paradigm of the mind because they are still plugged into the matrix and vice versa. The 3D matrix and the mental paradigm are a very strong combination and they both hold humanity back from moving into the heart paradigm. I got really strongly that people need to heal both areas in order to ground solidly in the heart paradigm so I decided to combine both sets of activations in tandem with each other.

I asked Nancy Walker, one of the most intuitively and psychically gifted Practical Mastery practitioners to check the energies of these two lines of activations and give a brief description of what she got when she connected energetically to the frequencies of these transmissions and the images I created for them.

Unplugging from the 3D Matrix Part I

Nancy Walker's description of the first three levels of Unplugging from the 3D Matrix: "Was aware of cords shooting out of my body and dissolving. Intense activity in my heart chakra and sensed that a major clearing of our heart chakras is the focus of this level. We cannot 'move' on if our hearts are still locked in density/fear. For me this was like a movie where I watched both generic and particular emotional episodes clear. I was made aware of where my own fears and illusions had held me back... I also realized that there is no judgment about this, simply an opportunity for clearing. This went on for quite a while. I was then placed in a tube of LIGHT and knew that I was being balanced and centered into this new unplugged me. Incredible freeing experience."

Nancy Walker's description of the first three levels of Healing the Mental/Mind Paradigm: "Very intense physical shift. Was enfolded by a Being of great enlightenment and knew that as intense as this shift was, it was okay and in/for the highest good. Pressure on my heart chakra, and then brilliant flares of Light as constraints of this dimension which kept the heart subservient to the mind were released. As soon as this occurred, it was if my inhalation went on for eons - so heavy were the illusions surrounding my heart. Then, this released heart energy traveled upward to the mind. I actually FELT and HEARD my cranial plates adjusting to accommodate this new influx of frequencies. This will allow my heart to be a more than equal partner with the mind."

Unplugging from the 3D Matrix Part II

Nancy Walker's description of the second set of three levels of Unplugging from the 3D Matrix: "I imploded into my heart chakra where I followed historical, societal, and illusory lines back in time. I saw where the veils first came into place and understood that 3D isn't our natural home. It is a place where we chose to learn, and it's time to move to another level. This sounds so simplistic (and it is) but there is a lot of knowledge and truth being transmitted to me while in my heart chakra. I watched as LIGHT cut these cords for me and when they were all cut, I shot out of my heart and body and looked down on myself. I was fascinated to see my heart Chakra swirl with liquid hues of pink/mauves/lavenders. Very unlike 3D chakra colors. Within this activation lies the initial clearing of eons of illusions. I feel much bigger and lighter and am so aware of my heart as the place to live."

Nancy Walker's description of the second set of three levels of Healing the Mental/Mind Paradigm: "This healing is a continuation of the first three levels, but on a different level/dimension. Again, a very intense energetic experience. I watched as bronze/gold convoluted tubules were cleared, closed, and dissolved. I realized that these were society's constrictions (as opposed to individual) on the heart being of prime importance. When my attention shifted to my mental body, I was astounded. There were conglomerates of thought forms, each group swaying back and forth in it's own dance. A humming arose in my being and radiated outward to these forms, thinning them out, lightening them. It seemed as if only those forms that resonated to the heart/love frequency remained. I floated on this humming for what seemed a very long time, very vaguely aware of my physicality, but absolutely captivated by the shimmering of this humming sound. I was told that this is the beginning of being able to resonate with the LOVE that holds this planet together."

Unplugging from the 3D Matrix Part III

Nancy Walker's description of the third set of three levels of Unplugging from the 3D Matrix: "These levels are pretty awesome. Our 5th through 7th chakras are connected to the heart. Since the heart has been cleared, we can now make this most important connection. Before being unplugged, even the most clear of us still spoke and saw through veils of density. Now, we can begin to speak from the Divine within us. We can operate on the 5th dimension. I asked to watch as this connection was done... saw shiny foil-like spirals spreading out from my heart to the other chakras... and then from the other chakras down to the heart. Also noticed a shifting in my lower chakras as I released any density. As I look around me right now, everything seems more crystalline yet fluid, almost as if it will disappear and then re arrange itself. Lots of joy and love with this one."

Nancy Walker's description of the third set of three levels of Healing the Mental/Mind Paradigm: "Again this was a very intense energetic shift. These levels involve the clearing and the reestablishing of the connections to Universal Mind. The humming frequency is the method by which this is accomplished. I saw my mental body cleared of extraneous 'stuff', and felt really really light and centered. Once this clearing was finished, ropes of differing frequencies were 'born' and streamed outward from my mental body to the Universal Mind. This is just an awesome feeling/place...I feel my whole energetic system re -aligning itself to these frequencies."

Crystalline Heart DNA Activation, Levels 1 to 3

Last year I downloaded the first level of the Crystalline Heart DNA Activation which helps people to connect their multidimensional heart with their DNA/RNA. Earlier this month (January 2009), I got that it was time to download the next two levels of this powerful activation. Each time I download another level of this activation, I feel myself shift clear out a lot of fear-based emotional and mental programming so I could shift into a higher level of emotional mastery. One of the biggest sources of resistance to living from the heart and operating from the heart paradigm is genetic. The emotional/astral aspect of the DNA is not wired to support this goal energetically so it resisted it.

These three levels of Crystalline Heart DNA Activation build upon one another and help you to clear out the emotional/astral level aspects of the DNA to support emotional mastery and heart-centered and heart-oriented growth on all levels. It also helps you to clear a lot of the genetic self sabotage that often gets triggered as we evolve and begin to transition away from the paradigm of the mind to the paradigm of the heart. When I transmit these sessions to others, it feels to me like they release a lot of heavy, dark, sad, depressed energies from their heart.

I asked one of my most gifted healer friends, Nancy Walker (www.dimensions56.com) to describe and share her experiences with the first level of the Crystalline Heart DNA Activation:

"OH BOY!! This is kind of weird, but throughout this whole activation, I was aware of 10-12 of my SELVES taking part in this. So though I only speak of this self, the awareness is for all of these selves. I had the sensation of rising/falling through many layers and levels of my heart chakra. I was shown and told that each cell has a 'heart chakra' as does each strand of DNA, each gene, and actually each protein. While I experienced some of these as familiar chakras, some were more worm-like, some simple tubes. Each, however, had the function of being a doorway for interaction.

And some of these doorways were stuck--ancestral memories, attachments to people, places, things, events, emotions, etc.. I visited some of my doorways to see what I was carrying. Jeez Louise! Next thing I know, I am standing on a promontory with my arms outstretched. A wind comes up from the left, and streams thru me. It's very steady, very warm, and visceral. I see shadowy remnants floating out of my right side, and when I glance down at my left side in the wake of the wind, I am translucent! I then become VERY aware of those other Selves, and they are translucent too. Some more images, but I was pretty much floating after this. Right now I feel immense clarity and centeredness. Thanks!

About the Healer Training Support Package

Monica Castaneda got me thinking about creating some sound healing mp3 audio recordings to support healers. When I meditated on this, I came up with seven ideas for recordings:

- **Preparing for a Healing Session**
- **Clearing Yourself After a Holistic Healing Session**
- **Releasing Doubts, Fears, Distrust and Self Sabotage Around Healing Yourself and Others**
- **Creating and Maintaining Strong and Healthy Energetic Boundaries between Yourself and Others**
- **Clearing Blocks to Becoming a Pure Channel for Healing from the Creat**
- **Expanding Your Clarity, Compassion, Intuition, Wisdom, Capacity, Capability, Channel and Ability to Heal Yourself and Others**
- **Angelic Purification, Cleanse and Blessing for Healers**

Although I created these recordings to specifically help healers, I get that everyone can benefit from them. They include a lot of energies and frequencies to help people to heal themselves as well as others so they are a great resource or tool for self healing. After I recorded these sound healing tracks, I got that they needed to be packaged together and sold as a unit.

Get Out of YOUR Head and Into YOUR Heart, Levels 1 to 5

Interestingly, when I was working on the mp3 for *Sleeping Easily, Deeply and Well*, one thing that popped up a lot in feedback was about stilling the mind and monkey mind syndrome and this was a hint for me to look at this area. A racing mind and monkey mind thinking is a red flag for me that I am out of my heart and into my head.

I have been working on this area within myself for over 20 years so I figured it is something I could help others with as well. When I meditated upon whether or not this would be a good idea, I heard a very loud "DUH" so I figured that was a sign that I should move forward and download a series of activations

To me this is a lifetime is a series of lessons and life experiences around helping me to get out of my head and into my heart. I have recently been meditating and pondering how to get my self help and healer training modules out into the world in a wider way and one set of activations that I felt would help people drawn to them would be to help people get out of their head and into their heart.

I include the first five levels of this activation to people who order one of my Healer Training Module!