

Skrocketing YOUR Vibration

This powerful group healing session combines two group healing sessions into one and is comprised of over forty healing and enlightenment transmissions for skyrocketing your vibration and embracing, expressing and embodying your soul. The first series of transmissions is based upon my 21 Days to Skyrocket YOUR Vibration Program.

We live in a vibration-oriented universe where everything we manifest in the outer world is created through the dance of our vibration and our intentions/choices/actions. The higher your vibration, the better your life will become because you create your outer world from the inside out. If you feel stuck in life, often the best way to move through it is to become bigger than your challenge and we do that by raising our vibration. The process of embracing, expressing and embodying your soul is about grounding the love that we truly are into our heart, body and mind – it is about the fusion of our soul into every aspect of our lives.

This group healing session IS NOT conducted on the telephone or Internet. I know many healers like to do this but my personal experience has been that when empaths like myself participate in a telephone group healing session, we often take on stuff from the other participants. I usually have to an hour or more clearing myself after I participate in one of these sessions. Instead, I am asking the Creator to transmit these group healing sessions from me to you via distant healing which I feel is safer energetically and more pristine.

Skyrocketing YOUR Vibration

1. Clear, Heal, Release and Dissolve ALL of the Karma, Energetic Junk, Garbage and Crap You Have Created Whenever You Embraced, Expressed and/or Embodied a Lower-than-Love Vibration as well as ALL Addictions and Any Negative Energies You Have Taken On from Others.
2. Clear, Heal, Release and Dissolve ALL Negative, Fear-Oriented, Dysfunctional and Toxic Past Life, Future Life and Parallel Life Seeds, Causes, Sources, Origins, Vows, Covenants, Cords, Hooks, Imprinting, Programming, Patterns, Interference, Manipulation and Influences that Lower YOUR Vibration.
3. Clear, Heal, Release and Dissolve ALL Negative, Fear-Oriented, Dysfunctional and Toxic Family of Origin, Genetic, Religious and Early Childhood imprinting, Programming, Cords, Hooks, Stories, Patterns, Interference, Manipulation and Influences that Lower YOUR Vibration.

4. Clear, Heal, Release and Dissolve ALL Negative, Fearful, Dysfunctional and Toxic Self Talk and Everything You Have Thought, Felt, Said or Done that Lower YOUR Vibration.
5. Clear, Heal, Release and Dissolve ALL Negative Third Dimension Limitation/Density and Mass Consciousness/Collective Unconsciousness Imprinting, Programming, Cords, Hooks, Patterns, Interference, Manipulation and Influences that Lower YOUR Vibration.
6. Blast, Clear, Transmute, Heal, Release, Un-Create, Destroy and Dissolve with Love ALL Habits, Behaviors, Attitudes, Choices and Intentions that Lower, Repress and/or Suppress YOUR Vibration.
7. Blast, Clear, Transmute, Heal, Release, Un-Create, Destroy and Dissolve with Love ALL Inner Conflict (especially in the subconscious mind), Personality Stuff, Energetic Cross Purposes, Energetic Resistance and Negative Ego Programming that Lower, Repress and/or Suppress YOUR Vibration.
8. Reclaim the Personal Power You Have Given Away to Others and to External Circumstances and Take Responsibility and Charge of Your Personal Development, Spiritual Growth Path, Process and Evolution.
9. Blast, Clear, Transmute, Heal, Release, Un-Create, Destroy and Dissolve with Love ALL Negative, Dysfunctional, Toxic and Fear-Oriented Thoughts, Feelings, Habits, Behaviors, Attitudes, Choices and Intentions, Imprinting, Programming, Patterns, Interference, Manipulation and Influences that Block, Inhibit, Repress or Suppress Your Ability, Capability and Capacity to Accept, Like, Love, Forgive, Trust and Believe in Yourself 100%.
10. Blast, Clear, Transmute, Heal, Release, Un-Create, Destroy and Dissolve with Love ALL Negative, Dysfunctional, Toxic and Fear-Oriented Thoughts, Feelings, Habits, Behaviors, Attitudes, Choices and Intentions, Imprinting, Programming, Patterns, Interference, Manipulation and Influences that Block, Inhibit, Repress or Suppress Your Ability, Capability and Capacity to Get Out of Your Head and Into Your Heart.
11. Blast, Clear, Transmute, Heal, Release, Un-Create, Destroy and Dissolve with Love ALL Negative, Dysfunctional, Toxic and Fear-Oriented Thoughts, Feelings, Habits, Behaviors, Attitudes, Choices and Intentions, Imprinting, Programming, Patterns, Interference, Manipulation and Influences that Block, Inhibit, Repress or Suppress Your Ability, Capability and Capacity to Release Your Past, Future and All Stories You have Bought into that Prevent You from Living 100% in the NOW.
12. Blast, Clear, Transmute, Heal, Release, Un-Create, Destroy and Dissolve with Love ALL Negative, Dysfunctional, Toxic and Fear-Oriented Thoughts, Feelings, Habits, Behaviors, Attitudes, Choices and Intentions, Imprinting, Programming, Patterns, Interference, Manipulation and Influences that Block, Inhibit, Repress or Suppress Your Ability, Capability and Capacity to Live with Passion from Your Heart and to Create a Life that Supports You on All Levels.

13. Blast, Clear, Transmute, Heal, Release, Un-Create, Destroy and Dissolve with Love ALL Negative, Dysfunctional, Toxic and Fear-Oriented Thoughts, Feelings, Habits, Behaviors, Attitudes, Choices and Intentions, Imprinting, Programming, Patterns, Interference, Manipulation and Influences that Block, Inhibit, Repress or Suppress Your Ability, Capability and Capacity to Realize YOUR Full Potential, Live Authentically and Be True to Who You Truly Are.
14. Blast, Clear, Transmute, Heal, Release, Un-Create, Destroy and Dissolve with Love ALL Negative, Dysfunctional, Toxic and Fear-Oriented Thoughts, Feelings, Habits, Behaviors, Attitudes, Choices and Intentions, Imprinting, Programming, Patterns, Interference, Manipulation and Influences that Block, Inhibit, Repress or Suppress Your Ability, Capability and Capacity to Awaken, Open and Activate Your Heart; Ground the LOVE that You Are Into Your Physical Body and to Embrace, Express and Embody Your Soul.
15. Blast, Clear, Transmute, Heal, Release, Un-Create, Destroy and Dissolve with Love ALL Negative, Dysfunctional, Toxic and Fear-Oriented Thoughts, Feelings, Habits, Behaviors, Attitudes, Choices and Intentions, Imprinting, Programming, Patterns, Interference, Manipulation and Influences that Block, Inhibit, Repress or Suppress Your Ability, Capability and Capacity for Being Open to Receive Your Highest Good and to Heal Your Relationship with Money.
16. Blast, Clear, Transmute, Heal, Release, Un-Create, Destroy and Dissolve with Love ALL Negative, Dysfunctional, Toxic and Fear-Oriented Thoughts, Feelings, Habits, Behaviors, Attitudes, Choices and Intentions, Imprinting, Programming, Patterns, Interference, Manipulation and Influences that Block, Inhibit, Repress or Suppress Your Ability, Capability and Capacity for Clarity, Wisdom, Discernment and Becoming More Mindful About How You Think, Feel, Speak and Act.
17. Blast, Clear, Transmute, Heal, Release, Un-Create, Destroy and Dissolve with Love ALL Negative, Dysfunctional, Toxic and Fear-Oriented Thoughts, Feelings, Habits, Behaviors, Attitudes, Choices and Intentions, Imprinting, Programming, Patterns, Interference, Manipulation and Influences that Block, Inhibit, Repress or Suppress Your Ability, Capability and Capacity for Love, Gratitude and Inner Peace.
18. Help You to Raise Your Vibration Around Your Money, Abundance, Prosperity and Success. Transmissions will be based on what the group wants to work in this area.
19. Help- You to Raise Your Vibration Around Your Relationship with Yourself, Others & Spirit. Specific transmissions will be based on what the group wants to work on in this area.
20. Help You to Raise Your Vibration Around Your Physical, Emotional, Mental and Spiritual Health and Well Being. Specific transmissions will be based on what the group wants to work on in this area.
21. Creating Heaven on Earth. Embodying the Field of Infinite Potentiality Specific transmissions will be based on what the group wants to work on in this area.

Embrace, Express and Embody YOUR Soul

1. Karma Healing and Amelioration.
2. Aligning with the Divine Will of the Creator.
3. Energetic Support for Spiritual Congruency, Multitasking and to Help People to be Able to Do the Things they Need to Do to Function in a Third Dimension Reality While Still Accomplishing Their World Service Missions.
4. Enhancing and Expanding Your Ability, Capability and Capacity to Open YOUR Heart and to Accept, Receive, Hold and Radiate Unconditional Love, Joy, Gratitude, Inner Peace and Compassion.
5. Enhancing and Expanding Your Ability, Capability and Capacity to Clear, Forgive, Heal and Release YOUR Past so You can Live in the NOW.
6. Enhancing and Expanding Your Ability, Capability and Capacity to Accept, Embrace, Express and Embody YOUR Higher Self and Soul.
7. Clearing, Transmuting, Healing, Releasing and Dissolving Fear and Fear-Oriented Beliefs, Thoughts, Feelings, Emotions, Memories, Attitudes, Behaviors and Life Experiences.
8. Clear, Transmute, Heal and Evolve Your Shadow, Ego Mind and Personality Self/Selves.
9. Enhancing and Expanding Your Ability, Capability and Capacity to Live Authentically and to Be True to Yourself.
10. Enhancing and Expanding Your Ability, Capability and Capacity to Clear, Heal, Release and Dissolve NON-You and Less-than-Love Energies, Beings, Influences, Technologies and Interference.
11. Enhancing and Expanding Your Ability, Capability and Capacity to Reclaim YOUR Personal Power that YOU Have Given Away to Others.
12. Enhancing and Expanding Your Ability, Capability and Capacity to Clear, Help, Love, Support and Heal Yourself and Others.

13. Enhancing and Expanding Your Ability, Capability and Capacity to Realize More of YOUR Full Potential.
14. Anchoring Your Soul, Being Fully Present and Grounding into the Planet.
15. Enhancing and Expanding Your Ability, Capability and Capacity for Clarity, Focus, Discernment, Courage, Perseverance, Wisdom and Grace.
16. Enhancing and Expanding Your Ability, Capability and Capacity for Detachment, Nonattachment and for Being in the World but NOT of the World.
17. Awakening, Opening and Activating YOUR Spiritual Gifts, Intuition and Healing Powers with Ease and Grace.
18. Clearing, Transmuting, Healing, Releasing and Dissolving YOUR Blocks to Growing Personally and Spiritually so that YOU Can Accelerate YOUR Spiritual Evolution.
19. Clearing, Healing, Illuminating, Upgrading, Evolving and Aligning YOUR Personality with YOUR Soul and the Highest Level Aspect of YOUR Monad.
20. Shifting from Growing, Healing and Learning through Pain, Suffering, Challenge, Sorrow and Hardship to Growing, Healing and Learning through Joy, Laughter, Play, Fun and Light-Heartedness.
21. I would like to conclude this session with energies from the Creator to help each of us to deepen the healings we have received and to help us to deeply integrate and ground them into our body with ease and grace.

During each group healing session, I do some individualized healing. I ask the Creator to connect with each of our soul and transmit to each of us the healing and enlightenment energies and coding that will most help us to move forward on our path. I encourage people who participate in this session to set an intent for this healing session. If you feel comfortable, I would appreciate it if you would send me a detailed statement of their intent for this session.