

Let Your Light Shine Group Healing Session

Over the last twenty years, I have met a lot of spiritual healers, teachers, lightworkers, starseeds who incarnated here with a big world service mission to serve thousands of people who end up getting trapped in mass/duality consciousness and wind up not doing what they came here to do. The intent of this session is to help people with these big world service missions and soul purposes to let their light shine so they can do what they incarnated here to do.

This group healing session IS NOT conducted on the telephone or Internet. I know many healers like to do this but my personal experience has been that when empaths like myself participate in a telephone group healing session, we often take on stuff from the other participants. I usually have to an hour or more clearing myself after I participate in one of these sessions. Instead, I am asking the Creator to transmit these group healing sessions from me to you via distant healing which I feel is safer energetically and more pristine.

Transmission 1: Clear, heal and release any blocks, self sabotage or resistance we may have around embodying our soul, activating our healing and spiritual gifts, stepping up our game, letting our light shine and getting our world service and healing work out into the world.

Transmission 2: Clear, heal and release all negative, fearful, unloving, dark, heavy, dense, slow energies, beings, patterns, influences, behaviors, imprinting or programs that do not belong to us energetically that we have taken on from others or this world due to empathy.

Transmission 3: Grounding; grounding into our body; grounding our body, soul, love, light, world service work and ourselves into the physical plane of reality and clearing, healing and releasing patterns, programs, or influences around being spacey or being a space cadet.

Transmission 4: Clear, heal and release any blocks, self sabotage or resistance we may have around showing up, being present on all levels and being visible and clearing all fear that if we are visible that we will be hurt, punished or even persecuted for being different.

Transmission 5: Clear, heal and release any blocks, self sabotage or resistance we may have around not wanting to be here; not feeling like you belong here, not wanting to be in or have a physical body, not understanding the money thing, pretending to be normal, trying to live a normal life to please others and trying to lower your vibration to fit into the wacked out and dysfunctional mindset of mass consciousness.

Transmission 6: Clear, heal and release feeling torn up, conflicted, guilty and ambiguous about money; charging for our spiritual gifts or attracting the financial resources we need to let our light shine and get our work out into the world in a big way.

Transmission 7: Clear, heal and release any fear, blocks, self sabotage or resistance we may have around releasing our past, reclaiming our power, being true to ourselves, getting out of our head and into our heart and living authentically with passion from our heart in the NOW.

Transmission 8: Clear, heal and release any fear, blocks, self sabotage or resistance we may have around being weird, hiding energetically from others and ourselves, playing small and energetically buying into fear and third dimension density and limitation.

Transmission 9: Clear, heal and release any fear, blocks, self sabotage or resistance we may have around being connected with, listening to and honoring our intuition and inner guidance and getting really clear about who we are, why we are here, what we came here to do, how we are to do it and to take action aligned with our life purpose.

Transmission 10: Clear, heal and release the fears, doubt, inner conflict, self sabotage and negative ego programming that arise or get triggered whenever we choose to let our light shine and get our work out into the world in a bigger way – healing the Inner Critic, Judger, Mother, Father, Saboteur, Doubter and Fraud.

Transmission 11: Clear, heal and release any fear, blocks, self sabotage or resistance we may have around and opening, awakening, activating and increasing our intuition and ALL of our spiritual and healing gifts and capabilities.

Transmission 12: Clear, heal and release any fear, blocks, self sabotage or resistance we may have around taking responsibility for every aspect of our lives, releasing our past; forgiving ourselves, others and spirit; reclaiming our power and living 100% in the NOW.

Transmission 13: Increase, expand and enhance our ability, capability and capacity for inner peace, compassion, clarity, wisdom and discernment.

Transmission 14: Increase, expand and enhance our ability, capability and capacity to focus on what is most important to get our work into the world in a bigger way, to persevere and to consistently do whatever we need to do to accomplish our objectives and to wisely manage our time, energy, attention, focus and all other resources.

Transmission 15: Clear, heal and release any fear, blocks, self sabotage or resistance we may have around opening, awakening and deepening our intuition, becoming more creative, realizing our full potential and tapping into the field of infinite potentiality to co-create heaven on earth with Spirit.

Transmission 16: Clear, heal and release any fear, blocks, self sabotage or resistance we may have around raising our vibration and the increasing the love and vibratory level of all of our world service work, products, services, web sites, promotional materials and work product.

Transmission 17: Clear, heal and release any fear, blocks, self sabotage or resistance we may have around owning and operating a business or healing practice, marketing, accounting, delegating, outsourcing, technology, web sites, advertising, asking for help and any other knowledge we need to accomplish our world service mission, to let our light shine and to get our work out into the world in a bigger way.

Transmission 18: Clear, heal and release chasing clients and any fear, blocks, self sabotage or resistance we may have to hugely increasing our sales and income and attracting our most perfect possible customers to us – people who resonate with our energy, can benefit hugely from all that we have to offer and who are delightful to work with!

Transmission 19: Clear, heal and release all procrastination, inertia, not taking the action we need to take to let our light shine and to get our service work out into the world in a big way.

Transmission 20: I would like to conclude this session with energies from the Creator to help each of us to deepen the healings we have received and to help us to deeply integrate and ground them into our body with ease and grace.

During each group healing session, I do some individualized healing. I ask the Creator to connect with each of our soul and transmit to each of us the healing and enlightenment energies and coding that will most help us to move forward on our path. I encourage people who participate in this session to set an intent for this healing session. If you feel comfortable, I would appreciate it if you would send me a detailed statement of their intent for this session.